

ADMINISTRATION POLICE SERVICE



THE LEADERSHIP AND SPORTS CENTRE

ANNUAL REPORT



Mt. Kenya

@APLSC2015

VISION:

To be a lead dignified National Out-door Leadership School in the provision of quality experiential Leadership training.

MISSION:

To train quality Leaders within an organization security needs for sustainability, growth, National development and for the benefit of the customer's needs.

MOTTO:

Leading with integrity, united in our diversity

IDENTITY STATEMENT:

Administration Police Leadership and Sport Centre is a community of functional leadership, trainers committed to the dissemination of experiential knowledge and growth of organization leaders for good of the Nation.

OUR CORE VALUES:

A - **Action oriented;** We believe in performance based training

P - **Performance;** We believe in offering quality experiential learning

L - **Learning;** Our focus is delivering knowledge through training in functional leadership

S - **Sturdy;** We believe in developing effective, influential and potential leaders.

C - **Challenge;** We get rid of individual and group fear and build confidence through learning

INTRODUCTION

APLSC (Administration Police Leadership and Sports Centre) is established by the National Police Service standing orders as the NPS Outdoor Leadership School in the Administration Police Service.

The school is located in Mt.Kenya region, Meru County at an altitude ideal for sports and outdoor education training. It was started in the year 2014 and specializes in the field of personal growth and development by use of outdoor-based activities to promote learning and realization of the fullest human potential.

The Centre operates as an autonomous outdoor school to develop trainee functional leadership through self-awareness, self-confidence, self-leadership, leadership, team work skills, management and governance skills, sense of caring for others and the environment.

APLSC MANDATE

The mandate of the Administration police leadership and sports academy according to SSO is to—

- (a) Train police officers and other organizations in functional leadership and management;
- (b) Carry- out research and development in the field of experiential training;
- (c) Examine and accredit trainees and outdoor instructors;
- (d) Develop an outdoor curriculum and instructions modules for standard training in line with Kenya Institute of Curriculum Development (KICD) guidelines;
- (e) Build partnerships with institutions of higher learning in outdoor leadership and management;
- (f) Prepare training budget and approve training request forwarded for training; and
- (g) Undertake any training as shall be approved by the Deputy Inspector-General Administration Police Service.

PHYSICAL LOCATION

The College is located at Kirimancuma base Camp that lies at an altitude of 3000 Metres above sea level at the summit of the Nyambene range. The Nyambene range is elongated from the South East to the North East and rises sharply above the surrounding plateau. The slopes are very steep and rocky especially to the eastern side but the crests are much lower as very little land is above 1,829 M ASL.



The plateau runs south to north from Mt. Kenya to Nyambene Hills and is separated from the Lowlands by a clear break on topography between 914 M and 1,067M ASL. The lowest altitude is 610 M ASL. There is an escarpment to the east rising between 15 M and 100 M ASL which is Characterized by many springs and the land gently descend towards Tana River.

Rainfall and Temperatures

The area climate is determined to a large extent by its topography; the relief is created by the Nyambene ranges and nearby Mount Kenya. The highlands reduce the effect of high temperatures and the rate of evaporation. Temperatures are cool-humid to hot and dry ranging from an annual mean of 24.7 °C for low altitudes (610 – 700 M) and 13.7°C for the high altitudes especially on the western slopes of the Nyambene ranges.

The lowlands thus receive low rainfall as they are on the leeward side of the range. The rainfall Pattern is bi-modal with long rains coming between March and May, and the short rains from October to December. Rainfall ranges from 1,250 mm – 2,514 mm on the eastern and southern Slopes of the Nyambene range, to 380 mm – 1000 mm annually in the leeward side.

APLSC is found in one of the many hills in the area called Kirimachuma. Being on the highland, the place experiences the above climatic conditions. But due to the nature of activities involved in the centre, outdoor activities will ensure learners experience different weather conditions found in the region.



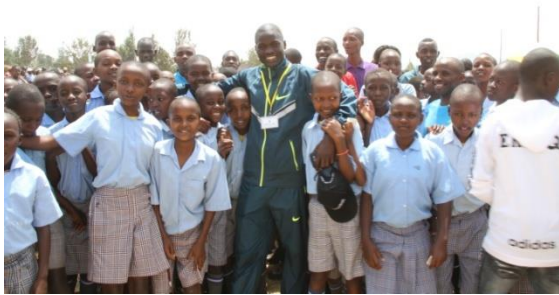
The leadership school is modeled into a camping site to enable trainees draw lessons and teaching out of their normal comfort zones.





a. ADMINISTRATION POLICE PEACE HALF MARATHON.

The marathon is coordinated by the Centre and is fully organized by the Administration police service with pioneer assurance as the main sponsor. The 1st edition was held on March 1, 2015 and attracted more than 5,000 participants, over 2,000 athletes and was graced by Mr. Abel Kirui the two times world athletic champion. The objective of this event is to create a peaceful and enabling policing environment for a safer community. APS has a strong community touch and this event is meant to change public perception about the police and remove the public fear about the police.





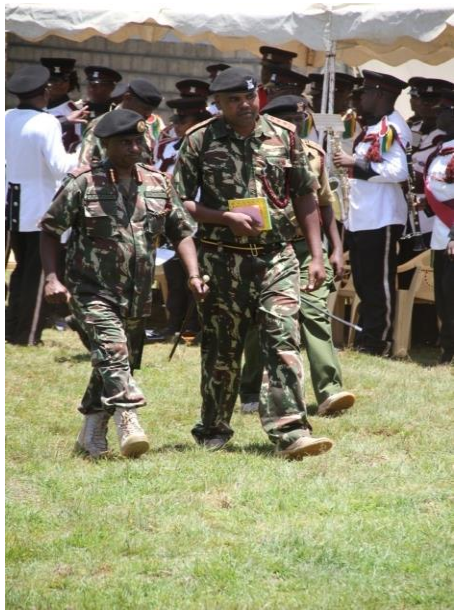
HIGH ALTITUDE TRAINING CAMP (HATC) –AT APLSC

The AP Service is developing the High Altitude Training Centre (HATC) at APLSC into a National Training Centre.

As an initial step, the Service appointed willing officers to train at the facility. Describing the HATC the DIG/APS elucidated the benefits to the police and the public, and on the measures of how it promotes community sports through the physical fitness and talent coaching.

Situated at 3000m above sea level, the APS plan to develop the HATC into one which will cater the need of athletes in a variety of disciplines, both indoor and outdoor. A new element now at APLSC to be included into the HATC is the development of training in rowing, canoeing and kayaking at the Dam inside Nyambene forest.





Night Bonfire



COLLABORATION AND PARTNERSHIP

a. UNIVERSITIES

The Centre has been collaborating with Kenyatta university and masinde muliro university in offering outdoor courses and giving the student attachment opportunities. The Centre is among the first training institutions that are offering an academic curriculum that is geared towards awarding recognizable certificates in Outdoor education.

b. PEACE AMBASSADORS KENYA

The Centre has also partnered with Peace Ambassadors Kenya with the aim of promoting peace in the society through training, and any other activity that the group shall think fit to employ provided the activity promotes Peace, Equality and a sense of Community empowerment across the nation.

The Organization seeks to unite the nation and achieve a point where citizens will view diversity in ethnicity as a positive aspect of the Country. It seeks to strengthen the spirit of brotherhood and nationhood among the citizens across the republic of Kenya. It also aims at achieving a status quo where all children acquire basic education and in a sufficiently peaceful environment that is free from any possible external interference.





c. COMMUNITY PARTNERSHIP

The Sport School is mentoring young sports talent within the community. Among the beneficiaries is Albert Kangor who has trained at the high altitude camp and got sponsored by the Administration Police Service to participate in the LUX marathon in Mauritius.



d. COUNTY GOVERNMENT OF MERU

The County Government is working together with the leadership at the Centre and the local APS in organizing AP Peace half marathon which is now an annual event.

f. KENYA FOREST SERVICES



We have established a strong relationship with the members of the Kenya Forest Service. In many occasions our officers have reinforced KFS rangers in patrols and in making dangerous arrests for offenders accused of logging in the forest. The forest is a vital asset both to the Centre and Community.

PHOTO GALLERY































































HOW TO APPLY FOR TRAINING

Application for training is through the Office of the;
Deputy Inspector General -APS,
P.O.BOX 53258-00200,

Jogoo “A”
Nairobi

ACCOMMODATION

All trainees reside within the camp and are subject to the rules and regulations governing APLSC and the National Police Service.

DISTRIBUTION LIST

The National Police Service
Commission,
P.O. Box 47363-00100,
Skypark Plaza 5th Floor,
Westland’s Nairobi, Kenya

The Inspector General,
National Police Service,
Jogoo “A”
P.O. Box 44249-00100,
Nairobi, Kenya.

Deputy Inspector General,
Administration Police Service,
Jogoo House “A”
P.O. Box 3006-00100,
Nairobi, Kenya.

Deputy Inspector General,
Kenya Police Service,
Vigilance House,
P.O. Box 30083-00100,

Nairobi, Kenya.

Director of Criminal Investigations,
Mazingira House,
P.O.Box 30036-00100,
Nairobi, Kenya.

The Director General,
National Intelligence Service,
P.O.Box 30021,
Nairobi, Kenya.

The commandant,
Administration police Training
College,
P.O.Box 19284
Embakasi.

The Commandant,
Kenya Police College,

Private Bag,
Kiganjo.

P.O. Box 23035-00100,
Nairobi, Kenya

Independent Policing Oversight
Authority,
1st Ngong Avenue, ACK Garden
Annex, 2nd Floor

